

# SWIM LESSONS

## **REGISTRATION BEGINS APRIL 23**

Swim lessons are 1/2 hour in length and meet for ten classes. Lessons are held Monday – Friday at the Town Park Beach. Participants **MUST** have a family beach pass in order to attend lessons.

Lessons will be cancelled in event of heavy rain or thunder and lightning. Up to two days per session will be made up because of weather cancellations. We are not able to accept registrations once a session begins.

**Session 1: June 25 – July 9 – no class 7/4** (make up days on 7/10 and 7/11)

**Session 2: July 12 – July 25** (make up days on 7/26 and 7/27)

**Session 3: July 30 - August 10** (make up days on 8/13 and 8/14)

Fee per session is \$35.00 for one child, \$65.00 for two children, \$90.00 family maximum.

### **Level: Age: Description**

Pre School Level 3 - 4 yrs Beginning instruction, water intro, class without parent

Water Exploration Level 1 5 and up Aquatics orientation, supported floating/kicking

Primary Skills Level 2 Expand fundamental locomotion & safety skills

Stroke Readiness Level 3 Increase swimming competency, safety/rescue

Stroke Development Level 4 Develop confidence & competency in strokes

Stroke Refinement Level 5 Refinement of crawl, back, breast & side strokes

Please call Parks and Recreation for swim lesson schedule at 203-775-7310.

# MUSKRAT SWIM TEAM

## **Brookfield Muskrats Swim Team**

Swimmers will enjoy the many benefits of the Muskrats Swim Team including daily practices, competing in meets, pasta parties, and team trips. **Practice begins Tuesday, June 19 (or the weekday after school ends if after 6/18)** at the Town Park. There will be an orientation meeting for the parents of new and returning swimmers on Wednesday, June 13, 7:00 p.m. in room 135 of Town Hall. Season calendars and handbooks will be distributed at this time. Practices are held weekdays; times vary depending on age group. Depending on enrollment, there is a possibility that the practice times may be adjusted slightly when the season begins. Please note that a swimmer's age is as of July 1, 2012. The purchase of a beach pass is *required* to register for the Muskrats. Fee is \$140.00 per swimmer with a family maximum of \$280.00. All swimmers will receive a Muskrats Team T-shirt and swim cap. Please specify t-shirt size (Youth S, M, L or Adult S, M, L, XL) when registering. Other Team

apparel (sweatshirts, shorts, pants) will be available for purchase before the start of the season. Order forms will be available at the 6/13 meeting.

8 & under\* 10:45 - 11:30 a.m. 9 & 10 11:30 a.m. - 12:15 p.m.

11 & 12 12:30 – 1:30 p.m. 13 & up 1:30. – 2:30 p.m.

\*Must pass an evaluation by the Swim Team Coach. All first time 8 and under swimmers will be evaluated on the first day of the program. It is recommended that all swimmers be at Red Cross Level 4 or above.